



Additional Considerations and Guidance

Personal Protection Equipment (PPE):

- Do we have a communications plan for all participants of any SOAR activity (athletes, Unified partners, volunteers, coaches, officials, venue staff, family members/ caregivers, spectators, donors/sponsors, etc.) to let them know the PPE expectations.

Venue:

- Is there a safe training location available that meets or exceeds the standards of our protocol?
- Have coach / local volunteer / staff do venue walk-through prior to practice / activity to assess all necessary protocol, safety and activity modification needs.
- Enough space at venue for extra spacing for all sport and non-sport elements of activity (coach meetings, hydration and resting areas, skills and drills stations)
- Will other entities / groups be using the venue at the same time Special Olympics is?
- Food services: All food services will be running in accordance with current orders and guidelines provided by the facility and local state authority. It is expected at this time that there are no team meals or sharing of food and/or drinks during practice/competition. Team meals outside of practice/competition should only occur in compliance with the guidelines issued for restaurants in the state of Arkansas.

Event Signage and Notices:

- Post signs in highly visible locations (e.g., at entrances and exits, event tables, and in restrooms) that promote protective measures and describe how to stop the spread of germs such as by properly washing hands and properly wearing a cloth face covering

Transportation/ Arrivals/ Departures:

- Consider scheduled staggered participant pick up / drop off times.
- Consider increasing the amount of time between practices and competitions to allow for one group to depart before another group enters the facility. This also allows for more time to clean the facility between uses.
- Try to avoid entering venue (more applicable for indoor venues) at same time as athletes attempt to reduce human bottlenecks / proximity in and out of venue.
- Athletes and Unified partners: arrive already dressed and sport-ready.



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Staff/Volunteers/Coaches/Officials:

- Consider having extra volunteers/teams of volunteers whose sole purpose is to concentrate on sanitizing, cleaning, enforcing athlete social distancing and safety behavior expectations compliance (at practices and events) so coaches can coach.
- Consider having volunteers/teams of volunteers whose sole purpose is to concentrate protocol / behavior education and compliance for spectators, family members/caregivers, and venue staff.
- How might you recruit Healthcare professionals to assist with participant screenings, on-site observation for symptoms, and/or in the event of on-site quarantine needs?

Equipment:

- Equipment/gear for each person (their own or provided): put athlete or partner's name on it with tape or other means.

Spectators/ Family Members/ Caregivers:

- No non-essential personnel at practice.
- Family members / caregivers may need to drop off and pick-up only or stay in car during practice / activity.
- Have separate or staggered screening time for spectators / family members / caregivers.
- All spectators must social distance if they sit in stands.
- Consider marking off minimum distances in stands or on the ground to create clear seating areas.

Sport: Practices and Competitions:

- If the group is larger than 10 you may split squads/practices: Modify all sports to meet social distancing requirements.
- Consider having no spectators at practices and/or some events.
- Keep players together in small groups with dedicated coaches or staff, and make sure that each group of players and coaches avoid mixing with other groups as much as possible.
- Ability to engage in social distancing while not actively engaged in play (e.g., during practice, on the sideline, or in the dugout).
- Coaches can encourage athletes to use downtime for individual skill-building work or cardiovascular conditioning, rather than staying clustered together.



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Support Coping and Resilience:

- Promote healthy eating, exercising, getting sleep, and finding time to unwind.
- Encourage participants to use Strong Minds resources for emotional health and wellness
- Utilize Fitness programs and set goals for athletes to reach at home
- Consider Virtual coach meetings when you are not practicing