



## Coach and Volunteer Tips

Here are some suggestions to remind coaches or volunteers of during an on-site meeting

### Coach Reminders

1. No sharing water bottles etc,
2. Please stagger bathroom use
3. While your team is not competing please practice social distancing
4. Athletes should wear masks when they are not competing. (please make sure they have recovered from their event fully before placing their mask back on)
5. You hold authority to send an athlete home or arrange transportation for your team if someone is feeling ill.

### Volunteers

1. Please wear masks at all times
2. Locations of hand sanitizer etc.
3. Explains processes for celebrating with athletes - no direct contact
4. Sanitize equipment when you start your volunteer time and when you finish
  - a. E.g. Stopwatch, clipboard