

We're **SOAR**ing into 2021 with the New Year, New You, Fitness Challenge!

Starting Monday, January 18th Ending Tuesday, February 23rd

The challenge will include exciting activities like:

- ✓ Weekly BINGO nights
- ✓ Weekly leaderboards and updates
- ✓ Nutrition and fitness videos by athlete health messengers and community partners!
- ✓ More details after you enroll

Sign up by January 15th to participate!

Enroll at <http://www.specialolympicsarkansas.org/fitness-challenge.html>

Play along with other athletes, families, and friends across Arkansas

**Participants who sign up by January 15th will receive a Special Olympics water bottle,
sponsored by Delta Dental of Arkansas Foundation**

**Overall winner of the New Year, New You Fitness Challenge
will win a Fitbit Inspire 2 Activity Tracker!**

Questions to Jennifer Stane, jstane@specialolympicsarkansas.org or 501-771-0222

