






February 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 What is Childrens Dental Health Month? About CDHM	2
3 	4 Learn to Brush! Teach Brushing	5 Make a Brushing Chart Chart ideas	6 Dental Health Vocabulary words Vocabulary sheet	7 Brush the Germs Away Song! Brushing Song	8 Time children while practicing brushing for minutes 2 minute timer	9
10	11 Learn about Flossing Why do we floss?	12 Flossing Activity Activity	13 Happy tooth/Sad tooth Activity	14 Make Healthy valentines snacks Perfect Pair activity	15 Eggceptional Smiles craft Craft directions	16 
17 	18 ToothFairy Education! Coloring sheet activity 2	19 Talk about the Dentist book ideas About the Dentist	20 How many teeth do you have? Activity	21 Tooth Friendly Snacks snack ideas	22 Apple Tooth Decay Experiment activity	23
24	25 Healthy Drinks For Happy Teeth Education Activity	26 Dental Day Sing, play, create Dental Day Activites	27 Make a Mouth Craft Activity	28 Sing about Brushing Song Roar Activity	Additional Activities: Plaque Attack Experiement Elephant Toothpaste Activity Sheets	

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