



Train the Trainer Post Test

This test is designed to test your knowledge of the Special Olympics Young Athletes Curriculum program.

1

What age group is the Young Athletes Curriculum targeting?

2

What does inclusive programming mean?

3

How might a teacher overcome the objection, "My child does not need Special Olympics," when referring to the school utilizing the Young athletes curriculum?

4

What is the intended duration of the curriculum?

5

What are the pilot program results for participants?

6

What can a teacher do to extend the curriculum past the 8 weeks?

7

What population does Special Olympics traditionally serve?

8

What does the blue box in the curriculum book mean?

9

If a teacher is unsure of how to teach an activity what resource might they reference?

10

Please list three opportunities this program allows for parental engagement.

11

How would you advance a catching exercise that began with a beach ball?

12

Can a school conduct their own evidence based results testing for the Special Olympics Young Athletes Curriculum?

13

Why should a center/school utilize this curriculum?

14

Who developed this curriculum?

15

How can a school/center focus on health in addition to this physical activity curriculum?

16

Describe the Fit Families challenge?

17

How might a teacher set up a field day after the conclusion of 8 weeks?

18

Where can someone guide a parent for questions about Special Olympics?

19

Why did Special Olympics begin Young athletes?

20

What is the core definition and objective of Young Athletes Curriculum?

21

When teaching hands on curriculum training what should you gear the focus towards?

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Where can you find the most updated information about our Young Athletes Programming?