

**TAKE THE POLAR PLUNGE AND SUPPORT  
SPECIAL OLYMPICS ARKANSAS**

SOAR was incorporated as a non-profit, 501(c)(3) organization in 1974. Our mission is to provide year-round sports training and Olympic-type competition for children and adults with intellectual disabilities in Arkansas. Currently, more than 15,000 athletes participate in training and compete in a year-round program of 20 different sports.

Athletes in Arkansas train and compete in aquatics, track and field, gymnastics, soccer, basketball, tennis, golf, powerlifting, and other sports at the local, regional, state and international levels. While our competition events are often in public view, it is our training program that forms the foundation of all that we do. Through the strong network of volunteer coaches, Special Olympics athletes spend countless hours preparing for the opportunity to compete for the gold, silver or bronze medals. In a sense our athletes are training for life itself. Training becomes an important stepping stone into communities throughout Arkansas for our athletes and their families.

Our goal is to bring people with intellectual disabilities into the mainstream of society in Arkansas under conditions where they are accepted, respected, and given the opportunity to become positive citizens.

*Special Olympics is more than medals or winning. We celebrate that our athletes are at the center of our work and the heart of our movement.*



**POLAR PLUNGE®**



**FOR SPECIAL OLYMPICS ARKANSAS**

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**FOR SPECIAL OLYMPICS  
ARKANSAS**

February 23, 2019

**HOT SPRINGS**

Hot Springs Health & Fitness Club  
28 Lake Hamilton Drive

Registration – 10:00am

Plunge – 11:00am

