As we start our limited person sports practices this checklist will help make sure you have everything that you will need. Print this out and use to help pack your bag!

- Masks
- Hand Sanitizer
- Any necessary sports equipment
- Plenty of water (there will be no communal water jug at practice)
- Sunscreen
- Bug Spray
- Granola Bar or post-practice snack
- Disinfectant wipes
- Hair ties/headband

Return to Training

PRACTICE BAG CHECKLIST