



The new SO physical eliminates the option for a nurse to update the form. Here are some suggestions to work through any issues you might have with Sports physicals.

Important to Know:

1. SO medicals are good for three years
2. If the athlete is school age please keep a copy of that medical in the IEP
3. If the athlete is an adult please keep a copy of that medical in the IHP
4. Encourage all SO athletes to **first use their primary care physician**
https://media.specialolympics.org/resources/leading-a-program/registration-forms/SOI_Medical%20Form_US%20Programs_July2017.pdf?_ga=2.114440647.1519192929.1532363981-167670289.1531239926
5. Who is approved to sign an athlete medical: MDs, DO, Registered Nurse Practitioners, and Physicians Assistants.
6. Schools have been encouraged to allow SO athletes to participate in the athletic physicals offered on campus. Make sure to get SO athletes to these events
7. Locate a doctor within the community to visit the school/center specifically to complete the physicals needed
8. Contact SOAR office if you are having trouble locating a doctor or a clinic that might offer physicals to our athletes.